

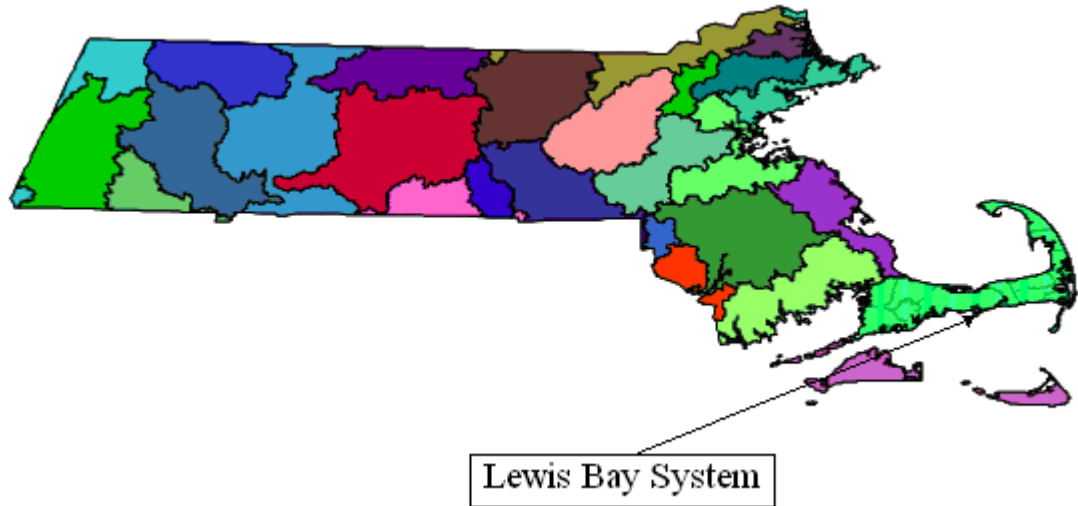
**DRAFT**  
**Lewis Bay System and Halls Creek**  
**Total Maximum Daily Loads**  
**For Total Nitrogen**  
(Report # 96-TMDL-18 Control #314)



**COMMONWEALTH OF MASSACHUSETTS**  
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August 12, 2010

**Lewis Bay System  
Total Maximum Daily Loads  
For Total Nitrogen**



- Key Feature:** Total Nitrogen TMDL for Barnstable and Yarmouth
- Location:** EPA Region 1
- Land Type:** New England Coastal
- 303d Listing:** The waterbody segment impaired and on the Category 5 list includes Lewis Bay
- Data Sources:** University of Massachusetts – Dartmouth/School for Marine Science and Technology; US Geological Survey; Applied Coastal Research and Engineering, Inc.; Cape Cod Commission, Towns of Barnstable and Yarmouth
- Data Mechanism:** Massachusetts Surface Water Quality Standards, Ambient Data, and Linked Watershed Model
- Monitoring Plan:** Barnstable Town wide Monitoring Program and Yarmouth Town wide Monitoring Program, both with technical assistance by SMAST
- Control Measures:** Sewering, Storm Water Management, Attenuation by Impoundments and Wetlands, Fertilizer Use By-laws

# EXECUTIVE SUMMARY

## Problem Statement

Excessive nitrogen (N) originating from a variety of sources, has impaired the environmental quality of the Lewis Bay System. In general, excessive N in these waters are indicated by:

- Loss of eelgrass beds, which are critical habitats for macroinvertebrates and fish
- Undesirable increases in macro algae, which are much less beneficial than eelgrass
- Periodic extreme decreases in dissolved oxygen concentrations that threaten aquatic life
- Reductions in the diversity of benthic animal populations
- Periodic algae blooms

With proper management of N inputs these trends can be reversed.

Studies within the Halls Creek system, included in this document, indicate a “healthy” environment relative to dissolved oxygen, algae, and benthic animal populations; indicating that the Halls Creek estuary can assimilate the existing N loads.

Without proper management of N loads to Lewis Bay, on the other hand, more severe problems might develop, including:

- Periodic fish kills
- Unpleasant odors and scum
- Benthic communities reduced to the most stress-tolerant species, or in the worst cases, near loss of the benthic animal communities

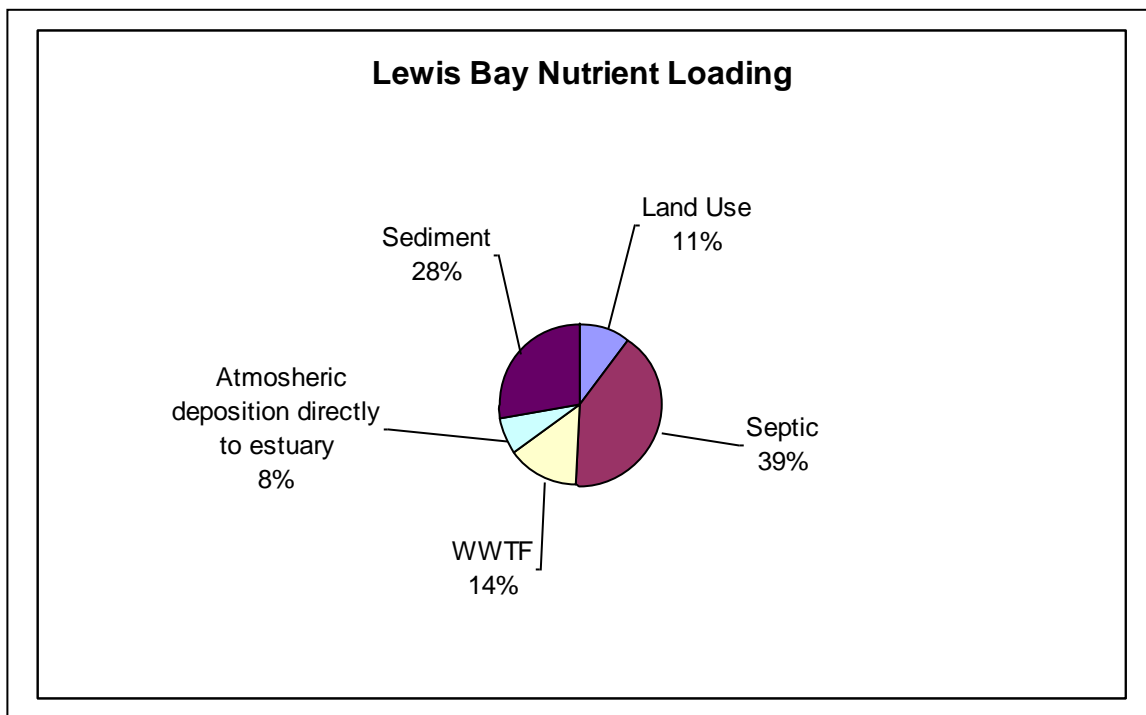
Coastal communities, including Barnstable and Yarmouth rely on clean, productive, and aesthetically pleasing marine and estuarine waters for tourism, recreational swimming, fishing, and boating, as well as for commercial fin fishing and shellfishing. Failure to reduce and control N loadings could result in complete replacement of eelgrass by macro-algae, a higher frequency of extreme decreases in dissolved oxygen concentrations and fish kills, widespread occurrence of unpleasant odors and visible scum, and a complete loss of benthic macroinvertebrates throughout most of the system. As a result of these environmental impacts, commercial and recreational uses of Lewis Bay waters will be greatly reduced, and could cease altogether.

## Sources of Nitrogen

Nitrogen enters the waters of coastal embayments/ponds from the following sources:

- The watershed
  - On-site subsurface wastewater disposal systems
  - Wastewater treatment facilities
  - Natural background
  - Runoff
  - Fertilizers
- Atmospheric deposition
- Nutrient-rich bottom sediments in the embayments/ponds

Most of the present controllable N load originates from individual subsurface wastewater disposal (septic) systems, primarily serving individual residences, as seen in the following figure.



### Target Threshold N Concentrations and Loadings

The groundwater N loadings to the Lewis Bay system (the quantity of N) range from 14.07 kg/day in Uncle Roberts Cove, to 70.37 kg/day in Lewis Bay. The resultant concentrations of N in the system range from 0.42 mg/L (milligrams per liter of N) in Lewis Bay and 0.47 mg/L in Uncle Roberts Cove, to 1.92 mg/L in Snows Creek. The N loading to Halls Creek is 29 kg/day, with N concentrations up to 1.21 mg/L. These concentrations are taken from Tables ES-1, ES-2, and VI-1 of the accompanying MEP Technical report.

In order to restore and protect the Lewis Bay system, N loadings, and subsequently the concentrations of N in the water, must be reduced to levels below the thresholds that cause the observed environmental impacts. This concentration will be referred to as the target threshold N concentration. The goal of the implementation of this TMDL is to reach this target threshold N concentration, as it has been determined for each impaired waterbody segment. The Massachusetts Estuaries Project (MEP) has determined that, for the Lewis Bay system, a N concentration of 0.38 mg/L, in the area of the Eastern end of Lewis Bay (Sentinel Station, Figures 4a. and 4b), will protect water quality and habitat throughout the embayment system. The mechanism for achieving this target threshold N concentration is to reduce the N loadings to various portions of the system. Based on the MEP modeling efforts, presented in their Technical Report, the MassDEP has adopted a range of Total Maximum Daily Loads (TMDL) of N throughout the system. Values of TMDLs range from 5 - 47 kg/day in the Lewis Bay System, and 44 kg/day to Halls Creek.

As a function of various aspects of the sub-embayment systems (size, current N loading rates, hydrodynamics, and land uses in the watersheds) N loading reductions will not be necessary in the watersheds of Snows Creek, Stewarts Creek, Uncle Roberts Cove, and Chase Brook. Reductions in N loadings in the watersheds of adjacent embayments will result in reductions in the N concentrations in all of the embayments as needed to meet the target threshold N concentrations.

### Implementation

The primary goal of implementation will be lowering the concentrations of N by reducing the loadings from on-site subsurface wastewater disposal systems through a variety of centralized or decentralized methods such as sewerage and treatment with N removal technology, advanced

treatment of septage, and/or installation of N-reducing on-site systems.

These strategies, plus methods of reducing N loadings from stormwater runoff and fertilizers, are explained in detail in the “MEP Embayment Restoration Guidance for Implementation Strategies”, that is available on the MassDEP website <http://www.mass.gov/dep/water/resources/coastalr.htm#guidance>. The appropriateness of any of the alternatives will depend on local conditions, and will have to be determined on a case-by-case basis, using an adaptive management approach.

Finally, growth within the communities of Barnstable and Yarmouth that would exacerbate the problems associated with N loadings should be guided by considerations of water quality-associated impacts.

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## Introduction

Section 303(d) of the Federal Clean Water Act requires each state (1) to identify waters for which effluent limitations normally required are not stringent enough to attain water quality standards and (2) to establish Total Maximum Daily Loads (TMDLs) for such waters for the pollutants of concern. The TMDL allocation establishes the maximum loadings (of pollutants of concern), from all contributing sources, that a water body may receive and still meet and maintain its water quality standards and designated uses, including compliance with numeric and narrative standards. The TMDL development process may be described in four steps, as follows:

1. Determination and documentation of whether or not a water body is presently meeting its water quality standards and designated uses.
2. Assessment of present water quality conditions in the water body, including estimation of present loadings of pollutants of concern from both point sources (discernable, confined, and concrete sources such as pipes) and non-point sources (diffuse sources that carry pollutants to surface waters through runoff or groundwater).
3. Determination of the loading capacity of the water body. EPA regulations define the loading capacity as the greatest amount of loading that a water body can receive without violating water quality standards. If the water body is not presently meeting its designated uses, then the loading capacity will represent a reduction relative to present loadings.
4. Specification of load allocations, based on the loading capacity determination, for non-point sources and point sources, that will ensure that the water body will not violate water quality standards.

After public comment and final approval by the EPA, the TMDL will serve as a guide for future implementation activities. The MassDEP will work with the Towns to develop specific implementation strategies to reduce N loadings, and will assist in developing a monitoring plan for assessing the success of the nutrient reduction strategies.

In the Lewis Bay System and Halls Creek, as with other coastal systems, the pollutant of concern is the nutrient N. Nitrogen is the limiting nutrient in coastal and marine waters, which means that as its concentration is increased, so is the amount of plant matter. This leads to nuisance populations of macro-algae and increased concentrations of phytoplankton and epiphyton and imperil the healthy ecology of the affected water bodies.

The TMDLs for N for the Lewis Bay System and Halls Creek are based primarily on data collected, compiled, and analyzed by University of Massachusetts Dartmouth's School of Marine Science and Technology (SMAST), the Barnstable/Yarmouth Lewis Bay Water Quality Monitoring Program, and others, as part of the Massachusetts Estuaries Project (MEP). The data were collected over a study period from 2001 to 2006 (see Appendix A). This study period will be referred to as the "Present Conditions" in the TMDL since it contains the most recent data available. The accompanying MEP Technical Report can be found at <http://www.oceanscience.net/estuaries/reports.htm>. The Technical Report presents the results of the analyses of this embayment system using the MEP Linked Watershed-Embayment Nitrogen Management Model (Linked Model). The analyses were performed to assist Barnstable and Yarmouth with decisions on current and future wastewater planning, wetland restoration, anadromous fish runs, shellfisheries, open-space, and harbor maintenance programs. A critical element of this approach is the assessment of water quality monitoring data, historical changes in eelgrass distribution, time-series water column oxygen measurements, and benthic community structure that was conducted on this embayment. These assessments served as the basis



for generating an N loading threshold for use as a goal for watershed N management. The TMDL is based on the site- specific target threshold N concentration generated for this embayment. Thus, the MEP offers a science-based management approach to support the wastewater management planning and decision making process in the Towns of Barnstable and Yarmouth.

## **Description of Water Bodies and Priority Ranking**

The Lewis Bay System is a complex estuary located within the Towns of Barnstable and Yarmouth on Cape Cod Massachusetts and its southern shore is bordered by Nantucket Sound (See Figure 1). It is comprised of the primarily lagoonal Lewis Bay and three tributary sub-embayments: Hyannis Inner Harbor, Mill Creek and Uncle Roberts Cove. Other groundwater sources included in the analyses included Snow’s Creek, Stewarts Creek, and Halls Creek estuaries. Surface water sources from Chase Brook, Mill Pond Creek, and Inner Harbor Creek, were also analyzed. The Lewis Bay watershed lies completely within the Towns of Barnstable and Yarmouth. This embayment system constitutes an important component of both Towns’ natural and cultural resources.

The nature of enclosed embayments in populous regions brings two opposing elements to bear: 1) as protected marine shoreline they are popular regions for boating, recreation, and land development and 2) as enclosed bodies of water, they may not be readily flushed of the pollutants that they receive due to the proximity and density of development near and along their shores. In particular, the Lewis Bay System is at risk of further eutrophication from high nutrient loads in the groundwater and runoff from their watersheds. This embayment system is already listed as waters requiring a TMDL (Category 5), for pathogens, in the Proposed MA 2008 Integrated List of Waters, as summarized in Table 1A.

**Table 1A: The Lewis Bay System Water Body Segment in Category 5 of the Massachusetts 2008 Integrated List**

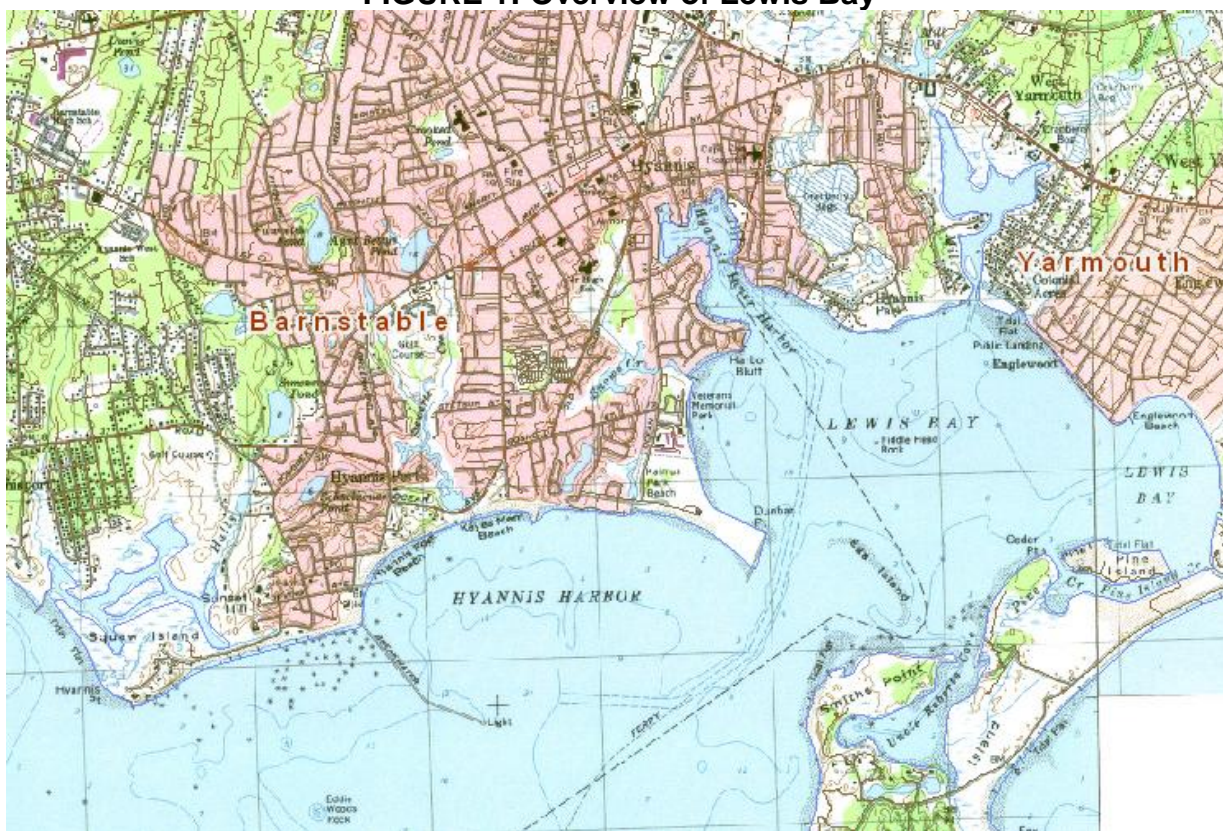
NAME	WATERBODY SEGMENT	DESCRIPTION	SIZE	Pollutant Listed
Lewis Bay	MA96-36_2008	Includes portion of Pine Island Creek and Uncle Roberts Cove to confluence with Nantucket Sound, Barnstable/Yarmouth (excluding Hyannis Inner Harbor, Barnstable/Yarmouth and Mill Creek, Yarmouth	1.8 sq mi	-Pathogens

A complete description of this embayment system is presented in Chapters I and IV of the MEP Technical Report. A majority of the information on this embayment system is drawn from this report. Chapter VI and VII of the MEP Technical Report provide assessment data that show that various portions of the Lewis Bay System are impaired because of nutrients, low dissolved oxygen levels, elevated chlorophyll *a* levels, eelgrass loss, and/or decreased quality of benthic fauna habitat. Please note that pathogens are listed in Tables 1A and 1B for completeness. Further discussion of pathogens is beyond the scope of this TMDL.

**Table 1B. Comparison of Impaired Parameters for the Lewis Bay System**

NAME	DEP Listed Impaired Parameter	SMAST Listed Impaired Parameter
Lewis Bay	-Pathogens	-Nutrients -DO level -Chlorophyll -Eelgrass loss -Benthic fauna

**FIGURE 1: Overview of Lewis Bay**



The embayments addressed by this document is determined to be a high priority based on three significant factors: (1) the initiative that the Towns have taken to assess the conditions of the entire embayment system, (2) the commitment made by the Towns to restore and preserve the embayment, and (3) the need to halt further degradation to prevent the existing “moderate” impairments from becoming “significant”. In particular, portions of the Lewis Bay system are at risk of further degradation from increased N loads entering through groundwater and surface water from their increasingly developed watersheds. In both marine and freshwater systems, an excess of nutrients results in degraded water quality, adverse impacts to ecosystems, and limits on the use of water resources. Observations are summarized in the Problem Assessment section below and detailed in Chapter VII, Assessment of Embayment Nutrient Related Ecological Health, of the MEP Technical Report.

**Table 1C: General Summary of Conditions Related to the Major Indicators of Habitat Impairment Observed in the Lewis Bay System**

Embayment System	Dissolved Oxygen Depletion	Chlorophyll <i>a</i> <sup>1</sup>	Eelgrass Loss	Benthic Fauna <sup>2</sup>
Hyannis Inner Harbor	Oxygen levels <6 mg/L 20-30% of time, but <5 mg/L only 1% H-MI	Moderate levels (5–10 µg/L) MI	No historical beds	Moderate reduced numbers of species and individuals MI
Lewis Bay (outer)	Oxygen levels <6 mg/L 18%, with no depletions of <5 mg/L H	Low levels (approx. 5 µg/L) H	Eelgrass present in 1951 in lower main basin only, now very sparse SI	High number of species and individuals H
Lewis Bay (inner)	Oxygen levels <6 mg/L 22%, with depletions rarely 5-3 mg/L MI-SI	Moderate levels (5 – 10 µg/L) MI	Eelgrass beds lost between 1951 and 1995 SI	Moderate to high number of species and individuals H-MI
Uncle Robert's Cove	Oxygen levels <6 mg/L 54%, with depletions <5 mg/L 8 % MI - SI	High levels (>10 µg/L) 43% occasional bloom conditions SI	Eelgrass beds lost between 1951 and 1995 SI	Moderate number of species but very low numbers of individuals SI
Mill Creek	Oxygen levels <6 mg/L 36%, depletions < 5 mg/L 11 % H-MI	High levels >25 µg/L 22% of the time MI	No historical beds	Typical of salt marsh, but with signs of possible moderate impairment H-MI
Hall's Creek	Oxygen levels >6 mg/L 90% H	Levels Consistently < 10 µg/L H	No historical beds	Typical of salt marsh H

1 Algal blooms are consistent with chlorophyll *a* levels above 20 µg/L

2 Based on observations of the types of species, number of species, and number of individuals

H - Healthy habitat conditions

MI – Moderately Impaired

SI – Significantly Impaired - considerably and appreciably changed from normal conditions\*

\* - These terms are more fully described in MEP report “Site-Specific Nitrogen Thresholds for Southeastern Massachusetts Embayments: Critical Indicators” December 22, 2003.

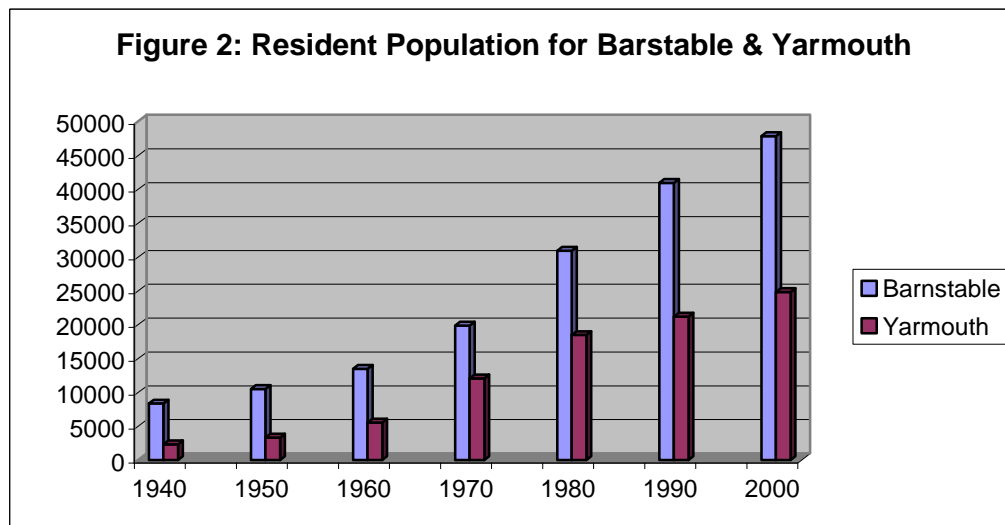
<http://www.mass.gov/dep/water/resources/coastalr.htm>

## Problem Assessment

The primary ecological threat to the Lewis Bay embayment system as a coastal resource is degradation resulting from nutrient enrichment. The N loading to this system, like almost all embayments in southeastern Massachusetts including the Islands, results primarily from on-site disposal of wastewater and WWTF discharges. Wastewater effluents (from septic systems and from wastewater treatment facilities) discharge to the ground, enter the groundwater system and eventually enter the surface water bodies. In the sandy soils of Cape Cod, effluent that has entered the groundwater travel towards the coastal waters at an average rate of one foot per day.

The nutrient load to the groundwater system is primarily a function of the human population. The towns of Barnstable and Yarmouth have been among the fastest growing towns in the Commonwealth over the past two decades. In the period from 1940 to 2000 the number of year round

residents in Barnstable and Yarmouth has almost quadrupled (Figure 2). The watershed of Lewis Bay embayment has had rapid and extensive development of single-family homes and the conversion of seasonal into full time residences. This is reflected in a substantial transformation of land from forest to suburban use between the years 1940 to 2000. Water quality problems associated with this development result primarily from wastewater, and to a lesser extent, from runoff - including fertilizers - from these developed areas.



Prior to the 1940's there were few homes and many of those were seasonal. During these times water quality was not a problem and eelgrass beds were plentiful. Dramatic declines in water quality, and the quality of the estuarine habitats throughout Cape Cod and the Islands have paralleled its population growth since these times. The problems in this particular embayment generally include periodic decreases of dissolved oxygen, decreased diversity and quantity of benthic animals, loss of eelgrass habitat, and periodic algal blooms. In the most severe cases habitat degradation could lead to periodic fish kills, unpleasant odors and scums, and near loss of the benthic community and/or presence of only the most stress-tolerant species of benthic animals.

Coastal communities, including Barnstable and Yarmouth, rely on clean, productive, and aesthetically pleasing marine and estuarine waters for tourism, recreational swimming, fishing, and boating, as well as commercial fin fishing and shellfishing. The continued degradation of this coastal embayment, as described above, will significantly reduce the recreational and commercial value and use of these important environmental resources.

Habitat and water quality assessments were conducted on each of the these embayment systems based upon six years of water quality monitoring data, historical changes in eelgrass distribution, time-series water column oxygen measurements, and benthic community structure. At present, the Lewis Bay Embayment System is showing variations in N enrichment and habitat quality among its various component basins. In general the system is showing healthy to moderately impaired benthic habitat. However, the smaller tributary embayments and limited inner areas of Lewis Bay (e.g. Uncle Roberts Cove, Hyannis Inner Harbor) are presently moderately impaired based upon infaunal habitat criteria. However, the dominant habitat issue for this system is the significant impairment of the Lewis Bay basin and Uncle Roberts Cove, based on eelgrass criteria. Historical eelgrass beds have been lost in these areas and eelgrass is virtually non-existent within this system.

Halls Creek continues to function as a healthy salt marsh-dominated system, that is assimilating its current N loadings, and appears to be capable of receiving additional N loadings.

## **Pollutant of Concern, Sources, and Controllability**

### **Target Threshold N Concentrations and Loadings**

The groundwater N loadings to the Lewis Bay system (the quantity of N) range from 14.07 kg/day in Uncle Roberts Cove, to 70.37 kg/day in Lewis Bay. The resultant concentrations of N in the system range from 0.42 mg/L (milligrams per liter of N) in Lewis Bay and 0.47 mg/L in Uncle Roberts Cove to 1.92 mg/L in Snows Creek. The N loading to Halls Creek is 29 kg/day, with N concentrations up to 1.21 mg/L. These concentrations are taken from Tables ES-1, ES-2, and VI-1 of the accompanying MEP Technical report.

In order to restore and protect the Lewis Bay system, N loadings, and subsequently the concentrations of N in the water, must be reduced to levels below the thresholds that cause the observed environmental impacts. This concentration will be referred to as the target threshold N concentration. The goal of the implementation of this TMDL is to reach this target threshold N concentration, as it has been determined for each impaired waterbody segment. The Massachusetts Estuaries Project (MEP) has determined that, for the Lewis Bay system, a N concentration of 0.38 mg/L, in the area of the Eastern end of Lewis Bay (sentinel Station, Figures 4a and 4b), will protect water quality and habitat throughout the embayment system. The mechanism for achieving this target threshold N concentration is to reduce the N loadings to various portions of the system. Based on the MEP modeling efforts, presented in their Technical Report, the MassDEP has adopted a range of Total Maximum Daily Loads (TMDL) of N throughout the system. Values of TMDLs range from 5 - 47 kg/day in the Lewis Bay System, and 44 kg/day to Halls Creek.

As a function of various aspects of the sub-embayment systems (size, current N loading rates, hydrodynamics, and land uses in the watersheds) N loading reductions will not be necessary in the watersheds of Snows Creek, Stewarts Creek, Uncle Roberts Cove, and Chase Brook. Reductions in N loadings in the watersheds of adjacent embayments will result in reductions in the N concentrations in all of the embayments as needed to meet the target threshold N concentrations.

### **Implementation**

The primary goal of implementation will be lowering the concentrations of N by reducing the loadings from on-site subsurface wastewater disposal systems through a variety of centralized or decentralized methods such as sewerage and treatment with N removal technology, advanced treatment of septage, and/or installation of N-reducing on-site systems.

In the coastal embayments of the Towns of Barnstable and Yarmouth, as in most marine and coastal waters, the limiting nutrient is N. Nitrogen concentrations beyond those expected naturally contribute to undesirable conditions, including the impacts described above, through the promotion of excessive growth of plants and algae, including nuisance vegetation.

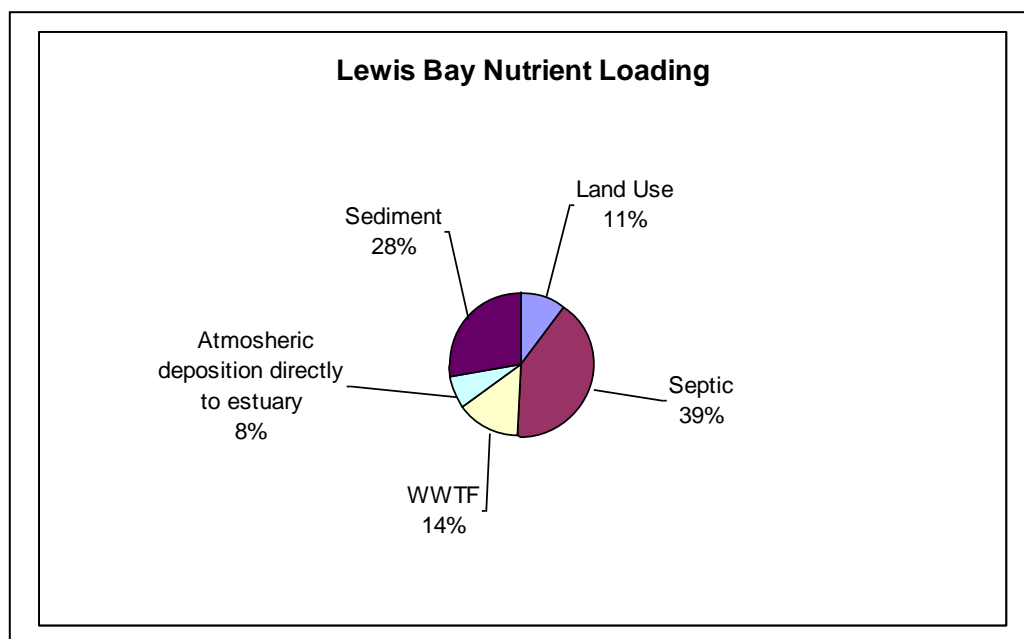
The embayment system covered in this TMDL has had extensive data collected and analyzed through the Massachusetts Estuaries Program (MEP) and with the cooperation and assistance from the Towns of Barnstable and Yarmouth. Data collection included both water quality and hydrodynamics as described in Chapters I, IV, V, and VII of the MEP Technical Report.

These investigations revealed that loadings of nutrients, especially N, are much larger than they would be under natural conditions, and as a result the water quality has deteriorated.



The sources of N and their percent contributions are illustrated in Figure 3.

**Figure 3: Lewis Bay Nutrient Loading**



The level of “controllability” of each source, however, varies widely:

Atmospheric N – local control efforts are helpful, but are not adequate to significantly reduce N - it is only through region- and nation-wide air pollution control initiatives that significant reductions are feasible;

Sediment N- control by such measures as dredging is not feasible on a large scale. However, the concentrations of N in sediments, and thus the loadings from the sediments, will decline over time if sources in the watershed are removed, or reduced to the target levels discussed later in this document. Increased dissolved oxygen will help keep N from fluxing;

Stormwater Runoff – related N loadings can be reduced through best management practices (BMPs), bylaws, stormwater infrastructure improvements and public education;

Fertilizer – related N loadings can be reduced through bylaws and public education;

WWTF – related N loadings can be reduced by upgrading the treatment process to include N removal.

Septic system - sources of N are the largest controllable sources. These can be controlled by a variety of case-specific methods including: sewerage and treatment at centralized or decentralized locations, transporting and treating septage at treatment facilities with N removal technology either in or out of the watershed, or installing N-reducing on-site wastewater treatment systems.

Atmospheric deposition to natural surfaces (forests, fields, etc.) and lakes in the watershed – atmospheric deposition (loadings) to these areas cannot adequately be controlled locally; however the N from these sources might be subjected to enhanced natural attenuation as it moves towards the estuary.

Cost/benefit analyses will have to be conducted on all of the possible N loading reduction methodologies in order to select the optimal control strategies, priorities, and schedules.

## **Description of the Applicable Water Quality Standards**

The water bodies addressed in this report are classified as SA. Water quality standards of particular interest to the issues of cultural eutrophication are dissolved oxygen, nutrients, aesthetics, excess plant biomass, and nuisance vegetation. The Massachusetts water quality standards (314 CMR 4.0) contain numeric criteria for dissolved oxygen, but have only narrative standards that relate to the other variables, as described below:

314 CMR 4.05(5)(a) states “Aesthetics – All surface waters shall be free from pollutants in concentrations or combinations that settle to form objectionable deposits; float as debris, scum, or other matter to form nuisances; produce objectionable odor, color, taste, or turbidity; or produce undesirable or nuisance species of aquatic life.”

314 CMR 4.05(5)(c) states, “Nutrients. Unless naturally occurring, all surface waters shall be free from nutrients in concentrations that would cause or contribute to impairment of existing or designated uses and shall not exceed the site specific criteria developed in a TMDL or as otherwise established...”

314 CMR 4.05(b) 1:

(a) Class SA

1. Dissolved Oxygen -

- a. Shall not be less than 6.0 mg/L unless background conditions are lower;
- b. natural seasonal and daily variations above this level shall be maintained.

Thus, the assessment of eutrophication is based on site-specific information within a general framework that emphasizes impairment of uses and preservation of a balanced indigenous flora and fauna. This approach is recommended by the US Environmental Protection Agency in their draft Nutrient Criteria Technical Guidance Manual for Estuarine and Coastal Marine Waters (EPA-822-B-01-003, Oct 2001). The guidance Manual notes that lakes, reservoirs, streams, and rivers may be subdivided by classes, allowing reference conditions for each class and facilitating cost-effective criteria development for nutrient management. However, individual estuarine and coastal marine waters tend to have unique characteristics, and development of individual water body criteria is typically required.

It is this framework, coupled with an extensive outreach effort that the Department, with the technical support of SMAST, is employing to develop nutrient TMDLs for coastal waters.

## **Methodology - Linking Water Quality and Pollutant Sources**

Extensive data collection and analyses have been described in detail in the MEP Technical Report. Those data were used by SMAST to assess the loading capacity of each sub-embayment. Physical (Chapter V), chemical, and biological (Chapters IV, VII, and VIII) data were collected and evaluated. The primary water quality objective was represented by conditions that:



- 1) Restore the natural distribution of eelgrass because it provides valuable habitat for shellfish and finfish
- 2) Prevent algal blooms
- 3) Protect benthic communities from impairment or loss
- 4) Maintain dissolved oxygen concentrations that are protective of the estuarine communities.

The details of the data collection, modeling and evaluation are presented and discussed in Chapters IV, V, VI, VII and VIII of the MEP Technical Report. The main aspects of the data evaluation and modeling approach are summarized below, taken from pages 6 through 8 of that report.

The core of the Massachusetts Estuaries Project analytical method is the Linked Watershed-Embayment Management Modeling Approach. It fully links watershed inputs with embayment circulation and N characteristics, and is characterized as follows:

- Requires site specific measurements within the watershed and each sub-embayment;
- Uses realistic “best-estimates” of N loads from each land-use (as opposed to loads with built-in “safety factors” like Title 5 design loads);
- Spatially distributes the watershed N loading to the embayment;
- Accounts for N attenuation during transport to the embayment;
- Includes a 2D or 3D embayment circulation model depending on embayment structure;
- Accounts for basin structure, tidal variations, and dispersion within the embayment;
- Includes N regenerated within the embayment;
- Is validated by both independent hydrodynamic, N concentration, and ecological data;
- Is calibrated and validated with field data prior to generation of “what if” scenarios.

The Linked Model has been applied previously to watershed N management in over 15 embayments throughout Southeastern Massachusetts. In these applications it became clear that the model can be calibrated and validated, and has use as a management tool for evaluating watershed N management options.

The Linked Model, when properly calibrated and validated for a given embayment, becomes a N management planning tool as described in the model overview below. The model can assess solutions for the protection or restoration of nutrient-related water quality and allows testing of management scenarios to support cost/benefit evaluations. In addition, once a model is fully functional it can be refined for changes in land-use or embayment characteristics at minimal cost. In addition, since the Linked Model uses a holistic approach that incorporates the entire watershed, embayment, and tidal source waters, it can be used to evaluate all projects as they relate directly or indirectly to water quality conditions within its geographic boundaries.

The Linked Model provides a quantitative approach for determining an embayment's: (1) N sensitivity, (2) N threshold loading levels (TMDL) and (3) response to changes in loading rate. The approach is fully field validated and unlike many approaches, accounts for nutrient sources,

attenuation, and recycling and variations in tidal hydrodynamics (Figure I-3 of the MEP Technical Report). This methodology integrates a variety of field data and models, specifically:

- Monitoring - multi-year embayment nutrient sampling
- Hydrodynamics -
  - Embayment bathymetry (depth contours throughout the embayment)
  - Site specific tidal record (timing and height of tides)
  - Water velocity records (in complex systems only)
  - Hydrodynamic model
- Watershed N Loading
  - Watershed delineation
  - Stream flow (Q) and N load
  - Land-use analysis (GIS)
  - Watershed N model
- Embayment TMDL - Synthesis
  - Linked Watershed-Embayment Nitrogen Model
  - Salinity surveys (for linked model validation)
  - Rate of N recycling within embayment
  - Dissolved oxygen record
  - Macrophyte survey
  - Infaunal survey (in complex systems)

### **Application of the Linked Watershed-Embayment Model**

The approach developed by the MEP for applying the linked model to specific embayments, for the purpose of developing target N loading rates, includes:

- 1) Selecting one or two sub-embayments within the embayment system, located close to the inland-most reach or reaches, which typically has the poorest water quality within the system. These are called “sentinel” stations;
- 2) Using site-specific information and a minimum of three years of sub-embayment-specific data to select target threshold N concentrations for each sub-embayment. This is done by refining the draft target threshold N concentrations that were developed as the initial step of the MEP process. The target threshold N concentrations that were selected generally occur in higher quality waters near the mouth of the embayment system;
- 3) Running the calibrated water quality model using different watershed N loading rates, to determine the loading rate which will achieve the target threshold N concentration at the sentinel station. Differences between the modeled N load required to achieve the target threshold N concentration, and the present watershed N load, represent N management goals for restoration and protection of the embayment system as a whole.

Previous sampling and data analyses, and the modeling activities described above, resulted in four major outputs that were critical to the development of the TMDL. Two outputs are related to N **concentration**:

- the present N concentrations in the sub-embayments
- site-specific target threshold N concentrations

And, two outputs are related to N **loadings**:

- the present N loads to the sub-embayments
- load reductions necessary to meet the site specific target threshold N concentrations

In summary: meeting the water quality standards by reducing the N concentration (and thus the N load) at the sentinel station(s), the water quality goals will be met throughout the entire system. A brief overview of each of the outputs follows:

#### Nitrogen concentrations in the embayment

a) Observed “present” conditions:

Table 2 presents the average concentrations of N measured in this system from six years of data collection (during the period 2001 through 2006). The concentrations of N in this embayment system range from 0.41 mg/L (milligrams per liter of N) in Lewis Bay to 1.57 mg/L in Snows Creek. The overall means and standard deviations of the averages are presented in Appendix A (reprinted from Table VI-1 of the accompanying Tech Report). The water quality sampling stations are shown in Figures 4a and 4b.

b) Modeled site-specific target threshold N concentrations:

A major component of TMDL development is the determination of the maximum concentrations of N (based on field data) that can occur without causing unacceptable impacts to the aquatic environment. Prior to conducting the analytical and modeling activities described above, SMAST selected appropriate nutrient-related environmental indicators and tested the qualitative and quantitative relationship between those indicators and N concentrations. The Linked Model was then used to determine site-specific target threshold N concentrations by using the specific physical, chemical, and biological characteristics of each sub-embayment.

As listed in Table 2, the site-specific target threshold N concentration for Lewis Bay is 0.38 mg/L (at

**TABLE 2: Observed Present Nitrogen Concentrations and Target Threshold Nitrogen Concentrations for the Major Sub-Embayments of the Lewis Bay System and Halls Creek**

Lewis Bay System	Observed N Concentration (mg/L) <sup>1</sup>	Target Threshold N Concentration (mg/L)
Hyannis Inner Harbor	0.43 – 0.60 <sup>2</sup>	
Snows Creek	1.57	
Lewis Bay (BHY-3)	0.41	0.38
Stewarts Creek	1.25	
Uncle Roberts Cove	0.41	
Mill Creek	0.52-0.56 <sup>2</sup>	
Halls Creek System (BC-14)	0.45	1.0

<sup>1</sup> Ranges represent the upper to lower regions (highest – lowest) of a sub-embayment, calculated as the average of the separate yearly means of 2001-2006 data. Individual yearly means and standard deviations of the average are presented in Appendix A

<sup>2</sup> Listed as a range since it was sampled at more than one station (Appendix A)

the sentinel station BHY-3 at 41°38'5.5"N, 70°14'43.5"W), and is 1.0 mg/L in the Halls Creek system (at station BC-14 at 41°37'56"N, 70°9'3"W ). See Figures 4a and 4b.

The findings of the analytical and modeling investigations for these embayment systems are discussed and explained below:

The target threshold N concentration for an embayment represents the average water column concentration of N that will support the habitat quality or dissolved oxygen conditions being sought. The water column N concentration is ultimately controlled by the integration of the watershed N load, the N concentration in the inflowing tidal waters (boundary condition) and dilution due to ground or surface water flows. The water column N concentration is also modified by the extent of sediment regeneration and by direct atmospheric deposition.

Target threshold N concentrations in this study were developed to restore or maintain SA waters or high habitat quality. In this system, high habitat quality was defined as diverse benthic animal communities and dissolved oxygen levels that would support Class SA waters.

#### Nitrogen loadings to the embayment

##### a) Present loading rates:

In the Lewis Bay System overall, the highest N loading from controllable sources is from on-site wastewater treatment systems, which is almost always the highest N loading source in other coastal embayments as well. Nitrogen loading from the nutrient-rich sediments (referred to as benthic flux) is significant in portions of these embayments. As discussed previously, however, the direct control of N from sediments is not considered feasible. However, the magnitude of the benthic contribution is related to the watershed load. Therefore, reducing the incoming load should reduce the benthic flux over time. A breakdown of N loading, by source, is presented in Table 3. This table is based on data from Tables ES-1 and ES-2 of the accompanying MEP Technical report.

As previously indicated, the present N loadings to Lewis Bay System must be reduced in order to restore conditions and to avoid further nutrient-related adverse environmental impacts. The critical final step in the development of the TMDL is modeling and analysis to determine the loadings required to achieve the target threshold N concentrations.

**Figure 4a. Water Quality Sampling Stations within the Lewis Bay System.**

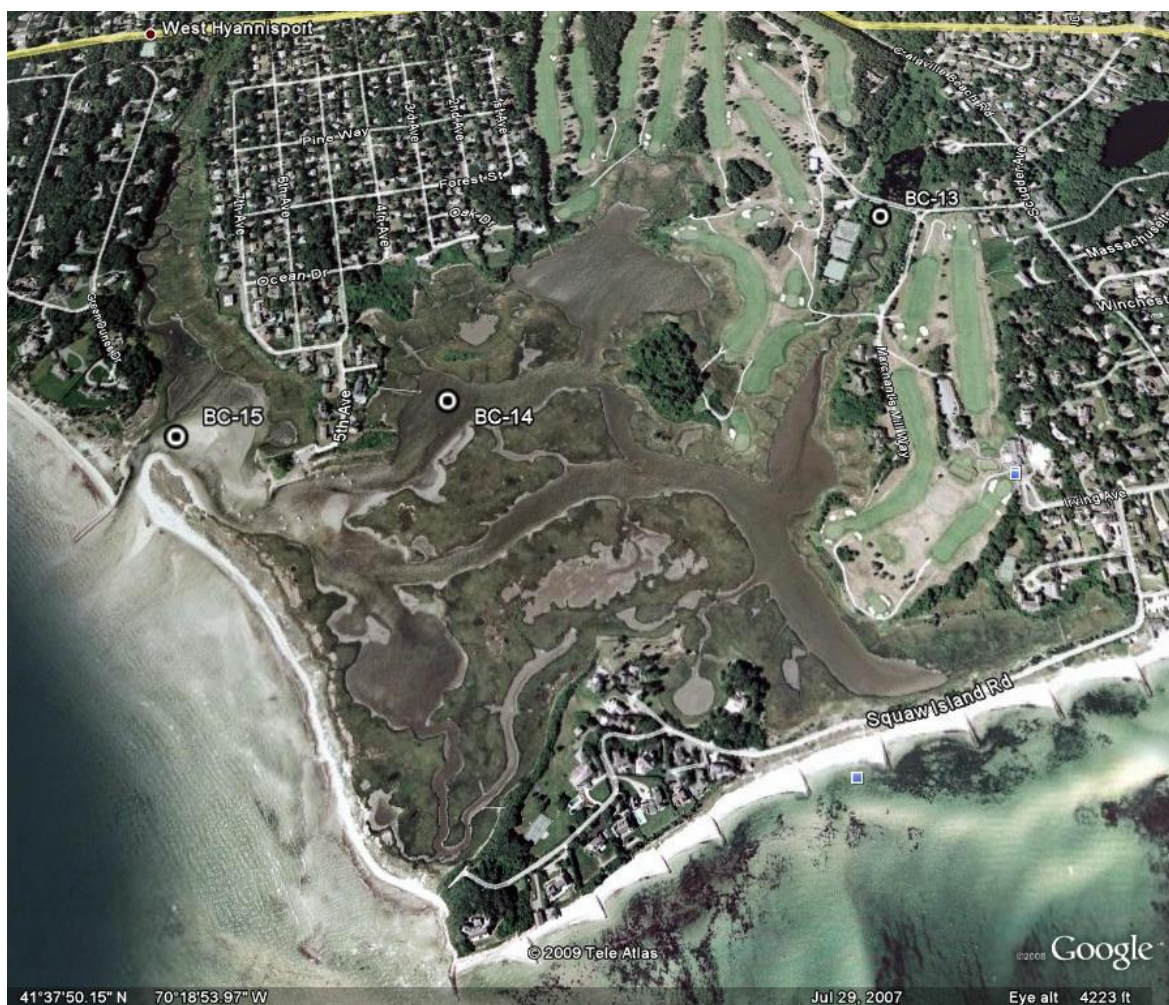
Station BHY-3 is the sentinel station.





**Figure 4b. Water sampling stations within the Halls Creek estuary system.**

Station BC-14 is the sentinel station.



**TABLE 3: Nitrogen Loadings to the Lewis Bay System and Halls Creek**

Embayment	Present Non-Wastewater Watershed Load <sup>1</sup> (kg/day)	Present Septic System Load (kg/day)	Present WWTF Load (kg/day)	Present Sediment Load (kg/day)	Present Atmospheric Deposition <sup>2</sup> (kg/day)	Total Load (kg/day)
Hyannis Inner Harbor	3.60	6.84	1.72	18.66	0.63	31.45
Snow's Creek	2.12	4.91	8.09	0 <sup>3</sup>	Not Measured	15.12
Lewis Bay	4.36	26.49	0	26.00	13.51	70.37
Stewart's Creek	4.31	15.76	18.92	0 <sup>3</sup>	0.24	39.23
Uncle Robert's Cove	0.15	0.39	0	12.77	0.76	14.07
Mill Creek	1.75	13.57	0.65	0 <sup>3</sup>	0.63	16.60
Chase Brook	1.08	2.27	0	Not Measured	Not Measured	3.35
Mill Pond Creek	4.23	10.39	0.43	Not Measured	Not Measured	15.05
Inner Harbor Creek	0.33	1.58	0	Not Measured	Not Measured	1.91
Halls Creek	6.38	15.62	1.14	5.25	0.63	29.02

<sup>1</sup>Composed of fertilizer, runoff, and atmospheric deposition to freshwater and natural surfaces

<sup>2</sup>Atmospheric deposition directly to the estuary surface only, any atmospheric deposition to other water bodies that run into the estuary are considered in the present watershed load.

<sup>3</sup>Represented as 0, not a nitrogen load.

b) Nitrogen loads necessary for meeting the site-specific target N concentrations:

Table 4 (based on data from Tables ES-1 and ES-2 of the accompanying MEP Technical report) lists the present watershed N loadings from the Lewis Bay System, and one scenario of the reduced loads and percentage reductions that could achieve the target threshold N concentration at the sentinel station (see following section). It is important to note that load reductions can be produced through reduction of any or all sources of N. The load reductions presented below represent only one of a suite of potential reduction approaches that need to be evaluated the Towns of Barnstable and Yarmouth. The presentation is to establish the general degree and spatial pattern of reduction that will be required for restoration of this N impaired embayment. Other alternatives may also achieve the desired target threshold N concentration as well and can be explored using the MEP modeling approach. Table VIII-2 of the MEP Technical Report (and rewritten as Appendix B of this document) summarizes the present loadings from on-site subsurface wastewater disposal systems and the reduced loads that would be necessary to achieve the target threshold N concentration in the



Lewis Bay System. In the scenario presented in Table 4 the percentage reductions in N loadings to meet target threshold N concentration ranged from 2% in Mill Pond Creek up to 83 % in Inner Harbor Creek. However, Snow’s Creek, Stewart’s Creek, Uncle Roberts Cove, Chase Brook, and Halls Creek will not need N loading reductions (under this scenario) in order for the remainder of the system to be restored. There can be variations depending on the chosen sub-watershed and which controllable source is selected for reduction. Alternate scenarios will result in different amounts of N being reduced in different sub-watersheds. For example, taking out additional N “upstream” will impact how much N has to be taken out “downstream”. The municipalities should take any reasonable actions to reduce the controllable N sources.

**TABLE 4: Present Watershed Nitrogen Loading Rates, Calculated Loading Rates that are Necessary to Achieve Target Threshold Nitrogen Concentrations, and the Percent Reductions of the Existing Loads Necessary to Achieve the Target Threshold Loadings**

Embayment	Present Total Watershed Load <sup>1</sup> (kg/day)	Target Threshold Watershed Load <sup>2</sup> (kg/day)	Percent Watershed Load Reductions Needed to Achieve Threshold Loads
Hyannis Inner Harbor	12.15	7.12	42%
Snow’s Creek	15.12	16.23	0
Lewis Bay	30.86	9.66	69%
Stewart’s Creek	38.99	41.61	0
Uncle Robert’s Cove	0.54	0.54	0
Mill Creek	15.96	4.32	73%
Chase Brook	3.35	3.34	0
Mill Pond Creek	15.04	14.68	2%
Inner Harbor Creek	1.91	0.33	83%
Halls Creek System	23.14	36.26	0

<sup>1</sup> Composed of fertilizer, runoff from impervious surfaces, septic systems and atmospheric deposition to natural surfaces.

<sup>2</sup> Target threshold watershed load is the load from the watershed needed to meet the embayment target threshold N concentration identified in Table 2 above. Includes natural background.

## Total Maximum Daily Loads

As described in EPA guidance, a total maximum daily load (TMDL) identifies the loading capacity of a water body for a particular pollutant. EPA regulations define loading capacity as the greatest amount of loading that a water body can receive without violating water quality standards. The TMDLs are established to protect and/or restore the estuarine ecosystem, including eelgrass, the leading indicator of ecological health, thus meeting water quality goals for aquatic life support. Because there are no “numerical” water quality standards for N, the TMDL for the Lewis Bay System is aimed at determining the loads that would correspond to specific N concentrations determined to be protective of the water quality and ecosystems.

The effort includes detailed analyses and mathematical modeling of land use, nutrient loads, water quality indicators, and hydrodynamic variables (including residence time), for each sub-embayment. The results of the mathematical model are correlated with estimates of impacts on water quality, including negative impacts on eelgrass (the primary indicator), as well as dissolved oxygen, chlorophyll, and benthic infauna.

The TMDL can be defined by the equation:

$$\text{TMDL} = \text{BG} + \text{WLAs} + \text{LAs} + \text{MOS}$$

Where

TMDL = loading capacity of receiving water

BG = natural background

WLAs = portion allotted to point sources

LAs = portion allotted to (cultural) non-point sources

MOS = margin of safety

## Background Loading

Natural background N loading is included in the loading estimates, but is neither quantified nor presented separately.

## Wasteload Allocations

Wasteload allocations identify the portion of the loading capacity allocated to existing and future point sources of wastewater. EPA interprets 40 CFR 130.2(h) to require that allocations for NPDES regulated discharges of storm water be included in the waste load component of the TMDL. On Cape Cod and the Islands the vast majority of storm water percolates into the ground and aquifer and proceeds into the embayment systems through groundwater migration. The Linked Model accounts for storm water loadings and groundwater loading in one aggregate allocation as a non-point source. Although most storm water infiltrates into the ground on Cape Cod and the Islands, an estimated waste load was based on an assumption that runoff from all impervious surfaces within 200ft of the shoreline discharges directly to the waterbodies. This calculated load is 1.11% of the total N load or 704.1 kg/yr as compared to the overall N load of 63,482 kg/yr to the embayment (see Appendix C for details). This conservative load is obviously negligible when compared to other sources.

## Load Allocations

Load allocations identify the portion of loading capacity allocated to existing and future nonpoint sources. In the case of the Lewis Bay System, the nonpoint source loadings are primarily from on-site subsurface wastewater disposal systems. Additional N sources include: WWTF's, fertilizer, stormwater runoff (including N from fertilizers), atmospheric deposition, and nutrient-rich sediments.

Generally, stormwater that is subject to the EPA Phase II Program would be considered a part of the wasteload allocation, rather than the load allocation. As presented in Chapter IV, V, and VI, of the MEP Technical Report, on Cape Cod and the Islands the vast majority of stormwater percolates into the aquifer and enters the embayment system through groundwater. Given this, the TMDL accounts for stormwater loadings and groundwater loadings in one aggregate allocation as a non-point source. Ultimately, when the Phase II Program is implemented in Barnstable and Yarmouth, new studies, and possibly further modeling, will identify what portion of the stormwater load may be controllable through the application of Best Management Practices (BMPs).

The sediment loading rates for Lewis Bay which are incorporated into the TMDL are lower than the existing sediment flux rates listed in Table 3 above because projected reductions of N loadings from the watershed will result in reductions of nutrient concentrations in the sediments, and therefore, over time, reductions in loadings from the sediments will occur. Benthic N flux is a function of N loading and particulate organic N (PON). Projected benthic fluxes are based upon projected PON concentrations and watershed N loads, and are calculated by multiplying the present N flux by the ratio of projected PON to present PON, using the following formulae:

$$\text{Projected N flux} = (\text{present N flux}) (\text{PON projected} / \text{PON present})$$

$$\text{When: } \text{PON projected} = (R_{load}) (D_{PON}) + \text{PON}_{\text{present offshore}}$$

$$\text{When } R_{load} = (\text{projected N load}) / (\text{Present N load})$$

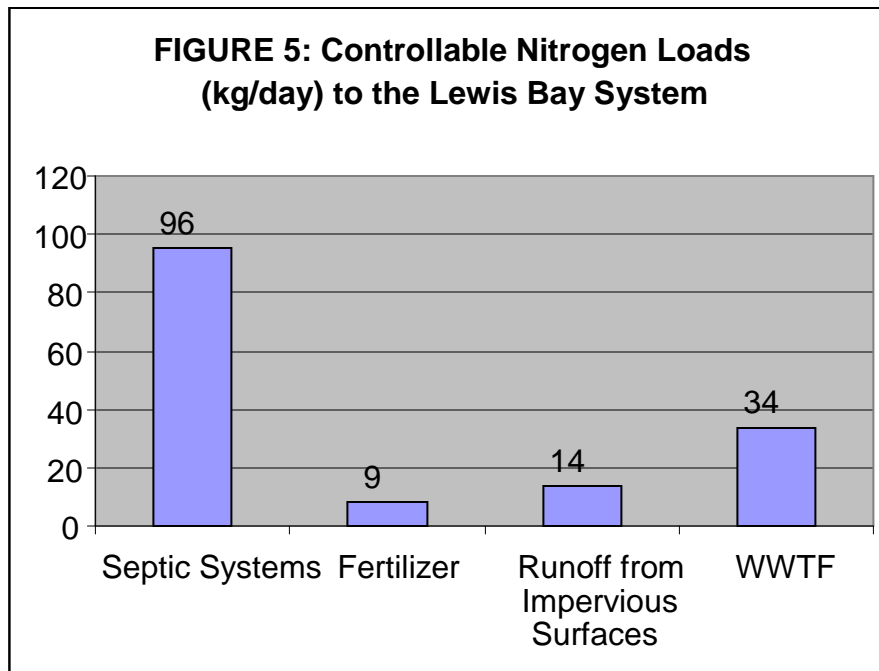
And  $D_{PON}$  is the PON concentration above background determined by:

$$D_{PON} = (\text{PON}_{\text{present embayment}} - \text{PON}_{\text{present offshore}})$$

Benthic loading is affected by the change in watershed load. The benthic flux modeled for the Lewis Bay system is reduced from existing conditions based on the load reduction from controllable sources.

The loadings from atmospheric sources incorporated into the TMDL, however, are the same rates presently occurring, because, as discussed above, local control of atmospheric loadings is not considered feasible.

Locally controllable sources of N within the watersheds are categorized as on-site subsurface wastewater disposal system wastes, the effluent plume from the WWTF's, and land use (which includes agriculture, stormwater runoff and fertilizers). The following figure emphasizes the fact that the overwhelming majority of locally controllable N comes from on-site subsurface wastewater disposal systems.



### Margin of Safety

Statutes and regulations require that a TMDL include a margin of safety (MOS) to account for any lack of knowledge concerning the relationship between load and wasteload allocations and water quality [CWA para 303 (d)(20C, 40C.G.R. para 130.7C(1)]. The EPA's 1991 TMDL Guidance explains that the MOS may be implicit, i.e., incorporated into the TMDL through conservative assumptions in the analysis, or explicit, i.e., expressed in the TMDL as loadings set aside for the MOS. The MOS for the Lewis Bay System TMDL is implicit, and the conservative assumptions in the analyses that account for the MOS are described below.

#### 1. Use of conservative data in the linked model

The watershed N model provides conservative estimates of N loads to the embayment. Nitrogen transfer through direct groundwater discharge to estuarine waters is based upon studies indicating negligible aquifer attenuation and dilution, i.e. 100% of load enters embayment. This is a conservative estimate of loading because studies have also shown that in some areas less than 100% of the load enters the estuary. Nitrogen from the upper watershed regions, which travel through ponds or wetlands, almost always enter the embayment via streamflow, are directly measured (over 12-16 months) to determine attenuation. In these cases the land-use model has shown a slightly higher predicted N load than the measured discharges in the streams/rivers that have been assessed to date. Therefore, the watershed model as applied to the surface water watershed areas again presents a conservative estimate of N loads because the actual measured N in streams was lower than the modeled concentrations.

The hydrodynamic and water quality models have been assessed directly. In the many instances where the hydrodynamic model predictions of volumetric exchange (flushing) have also been directly measured by field measurements of instantaneous discharge, the agreement between modeled and observed values has been  $\geq 95\%$ . Field measurement of instantaneous discharge was performed using acoustic doppler current profilers (ADCP) at key locations within the embayment (with regards to the water quality model, it was possible to conduct a quantitative assessment of the model results as fitted to a baseline dataset - a least squares fit of the modeled versus observed data showed an  $R^2 > 0.95$ , indicating that the model accounted for 95% of the variation in the field data). Since the water

quality model incorporates all of the outputs from the other models, this excellent fit indicates a high degree of certainty in the final result. The high level of accuracy of the model provides a high degree of confidence in the output, therefore, less of a margin of safety is required.

Similarly, the water column N validation dataset was also conservative. The model is validated to measured water column N. However, the model predicts average summer N concentrations. The very high or low measurements are marked as outliers. The effect is to make the N threshold more accurate and scientifically defensible. If a single measurement two times higher than the next highest data point in the series, raises the average 0.05 mg N/L, this would allow for a higher “acceptable” load to the embayment. Marking the very high outlier is a way of preventing a single and rare bloom event from changing the N threshold for a system. This effectively strengthens the data set so that a higher margin of safety is not required.

Finally, the reductions in benthic regeneration of N are most likely underestimates, i.e. conservative. The reduction is based solely on a reduced deposition of PON, due to lower primary production rates under the reduced N loading in these systems. As the N loading decreases and organic inputs are reduced, it is likely that rates of coupled remineralization-nitrification, denitrification and sediment oxidation will increase.

Benthic regeneration of N is dependant upon the amount of PON deposited to the sediments and the percentage that is regenerated to the water column versus being denitrified or buried. The regeneration rate projected under reduced N loading conditions was based upon two assumptions: (1) PON in the embayment in excess of that of inflowing tidal water (boundary condition) results from production supported by watershed N inputs and (2) Presently enhanced production will decrease in proportion to the reduction in the sum of watershed N inputs and direct atmospheric N input. The latter condition would result in equal embayment versus boundary condition production and PON levels if watershed N loading and direct atmospheric deposition could be reduced to zero (an impossibility of course). This proportional reduction assumes that the proportion of remineralized N will be the same as under present conditions, which is almost certainly an underestimate. As a result, future N regeneration rates are overestimated which adds to the margin of safety.

## 2. Conservative sentinel station/target threshold N concentration

Conservatism was used in the selection of the sentinel station and target threshold N concentration. The site was chosen that had stable eelgrass or benthic animal (infaunal) communities, and not those just starting to show impairment, which would have slightly higher N concentration. Meeting the target threshold N concentration at the sentinel station will result in reductions of N concentrations in the rest of the system.

## 3 Conservative approach

The target loads were based on tidally averaged N concentrations on the outgoing tide, which is the worst case condition because that is when the N concentrations are the highest. The N concentrations will be lower on the flood tides, therefore this approach is conservative.

In addition to the margin of safety within the context of setting the N threshold levels, described above, a programmatic margin of safety also derives from continued monitoring of this embayment to support adaptive management. This continuous monitoring effort provides the ongoing data to evaluate the improvements that occur over the multi-year implementation of the N management plan. This will allow refinements to the plan to ensure that the desired level of restoration is achieved.

**TABLE 5: The Total Maximum Daily Loads (TMDLs) for the Lewis Bay System and Halls Creek**

Sub-embayment	Target Threshold Watershed Load <sup>1</sup> (kg/day)	Atmospheric Deposition (kg/day)	Sediment Load (kg/day)	TMDL <sup>2</sup> (kg/day)
Hyannis Inner Harbor	7.12	0.63	9.78	17.53
Snow's Creek	16.23	Not Measured	0	16.23
Lewis Bay	9.66	13.51	23.92	47.09
Stewart's Creek	41.61	0.24	0	41.85
Uncle Robert's Cove	0.54	0.76	10.99	12.29
Mill Creek	4.32	0.63	0	4.95
Chase Brook	3.34	Not Measured	Not Measured	3.34
Mill Pond Creek	14.68	Not Measured	Not Measured	14.68
Inner Harbor Creek	0.33	Not Measured	Not Measured	0.33
Halls Creek System	36.26	0.63	6.65	43.54

<sup>1</sup> Target threshold watershed load is the load from the watershed needed to meet the embayment target threshold nitrogen concentration identified in Table 2.

<sup>2</sup> Sum of target threshold watershed load, atmospheric deposition, and sediment load.

### Seasonal Variation

Since the TMDLs for the waterbody segments are based on the most critical time period, i.e. the summer growing season, the TMDLs are protective for all seasons. The daily loads can be converted to annual loads by multiplying by 365 (the number of days in a year). Nutrient loads to the embayment are based on annual loads for two reasons. The first is that primary production in coastal waters can peak in both the late winter-early spring and in the late summer-early fall periods. Second, as a practical matter, the types of controls necessary to control the N load, the nutrient of primary concern, by their very nature do not lend themselves to intra-annual manipulation since a considerable portion of the N is from non-point sources. Thus, the annual loads make sense, since it is difficult to control non-point sources of N on a seasonal basis and N sources can take considerable time to migrate to impacted waters.

### TMDL Values for the Lewis Bay System and Halls Creek

As outlined above, the total maximum daily loadings of N that would provide for the restoration and protection of the embayment were calculated by considering all sources of N grouped by natural background, point sources, and non-point sources. A more meaningful way of presenting the loadings data, from an implementation perspective, is presented in Table 5. This table is based on data from Tables ES-3 and ES-4 of the accompanying MEP Technical report.

In this table the N loadings from the atmosphere is listed separately from the target watershed threshold loads, which are composed of natural background N along with locally controllable N from the on-site subsurface wastewater disposal systems, stormwater runoff, and fertilizer sources. In the case of the Lewis Bay System the TMDL was calculated by projecting reductions in locally controllable on-site subsurface wastewater disposal system, stormwater runoff, and fertilizer sources.

Once again the goal of this TMDL is to achieve the identified target threshold N concentration at the identified sentinel station. The target load identified in this table represents one alternative loading scenario to achieve that goal but other scenarios may be possible and approvable as well.

## Implementation Plans

The critical element of this TMDL process is achieving the sentinel station specific target threshold N concentration presented in Table 2 above, that are necessary for the restoration and protection of water quality and eelgrass habitat within the Lewis Bay System. In order to achieve this target threshold N concentration, N loading rates must be reduced throughout this embayment. Table 5, above, lists the target watershed threshold loads for this embayment. If this threshold load is achieved, this embayment will be protected.

As previously noted, this loading reduction scenario is not the only way to achieve the target threshold N concentrations. Barnstable and Yarmouth are free to explore other loading reduction scenarios through additional modeling as part of the Comprehensive Wastewater Management Plan (CWMP). It must be demonstrated, however, that any alternative implementation strategies will be protective of Lewis Bay, and that none of the embayment will be negatively impacted. To this end, additional linked model runs can be performed by the MEP at a nominal cost to assist the planning efforts of the Town in achieving target N loads that will result in the desired target threshold N concentration.

The CWMP should include a schedule of the selected strategies and estimated timelines for achieving those targets. However, the MassDEP realizes that an adaptive management approach may be used to observe implementation results over time and allow for adjustments based on those results.

Because the vast majority of controllable N load is from individual on-site subsurface wastewater disposal systems for private residences, the CWMP should assess the most cost-effective options for achieving the target N watershed loads, including but not limited to, sewerage and treatment for N control of sewage and septage at either centralized or de-centralized locations, and denitrifying systems for all private residences.

Barnstable and Yarmouth are urged to meet the target threshold N concentrations by reducing N loadings from any and all sources, through whatever means are available and practical, including reductions in stormwater runoff and/or fertilizer use within the watershed through the establishment of local by-laws and/or the implementation of stormwater BMPs, in addition to reductions in on-site subsurface wastewater disposal system loadings.

MassDEP's MEP Implementation Guidance report

<http://www.mass.gov/dep/water/resources/coastalr.htm> - guidance provides N loading reduction strategies that are available to Barnstable and Yarmouth and that could be incorporated into the implementation plans. The following topics related to N reduction are discussed in the Guidance:

- Wastewater Treatment
  - On-Site Treatment and Disposal Systems
  - Cluster Systems with Enhanced Treatment
  - Community Treatment Plants
  - Municipal Treatment Plants and Sewers
- Tidal Flushing
  - Channel Dredging
  - Inlet Alteration



- Culvert Design and Improvements
- Stormwater Control and Treatment \*
  - Source Control and Pollution Prevention
  - Stormwater Treatment
- Attenuation via Wetlands and Ponds
- Water Conservation and Water Reuse
- Management Districts
- Land Use Planning and Controls
  - Smart Growth
  - Open Space Acquisition
  - Zoning and Related Tools
- Nutrient Trading

\* The Towns of Barnstable and Yarmouth are two of the 237 communities in Massachusetts covered by the Phase II stormwater program requirements.

### **Monitoring Plan for TMDL Developed Under the Phased Approach**

MassDEP is of the opinion that there are two forms of monitoring that are useful to determine progress towards achieving compliance with the TMDL keeping in mind that MassDEP's position is that implementation will be conducted through an iterative process where adjustments may be needed along the way. The two forms of monitoring include 1) tracking implementation progress as approved in the Town CWMP plan and 2) monitoring ambient water quality conditions at the sentinel stations identified in the MEP Technical Report, and listed in Table 2 and the related discussion in this report..

The CWMP will evaluate various options to achieve the goals set out in the TMDL and Technical Report. It will also make a final recommendation based on existing or additional modeling runs, set out required activities, and identify a schedule to achieve the most cost effective solution that will result in compliance with the TMDL. Once approved by the Department tracking progress on the agreed upon plan will, in effect, also be tracking progress towards water quality improvements in conformance with the TMDL.

Relative to water quality, MassDEP believes that an ambient monitoring program, much reduced from the data collection activities needed to properly assess conditions and to populate the model, will be important to determine actual compliance with water quality standards. Although the TMDL load values are not fixed, the target threshold N concentrations at the sentinel stations are fixed. In addition, there are target threshold N concentrations that are provided for many other non-sentinel locations in subembayments to protect nearshore benthic habitat. These are the water quality targets, and a monitoring program should encompass these stations at a minimum. Through discussions amongst the MEP it is generally agreed that existing monitoring programs, which were designed to thoroughly assess conditions and populate water quality models, can be substantially reduced for compliance monitoring purposes. Although more specific details need to be developed on a case by case basis MassDEP's current thinking is that about half the current effort (using the same data collection procedures) would be sufficient to monitor compliance over time and to observe trends in water quality changes. In addition, the benthic habitat and communities would require periodic monitoring on a frequency of about every 3-5 years. Finally, in addition to the above, existing monitoring conducted by MassDEP for eelgrass should continue into the future to observe any changes that may occur to eelgrass populations as a result of restoration efforts.

The MEP will continue working with the Town to develop and refine monitoring plans that remain consistent with the goals of the TMDL. It must be recognized however that development and

implementation of a monitoring plan will take some time, but it is more important at this point to focus efforts on reducing existing watershed loads to achieve water quality goals.

## **Reasonable Assurances**

MassDEP possesses the statutory and regulatory authority, under the water quality standards and/or the State Clean Water Act (CWA), to implement and enforce the provisions of the TMDL through its many permitting programs, including requirements for N loading reductions from on-site subsurface wastewater disposal systems. However, because most non-point source controls are voluntary, reasonable assurance is based on the commitment of the locality involved. Barnstable and Yarmouth have demonstrated this commitment through the comprehensive wastewater planning that they initiated well before the generation of the TMDL. The Towns expect to use the information in this TMDL to generate support from their citizens to take the necessary steps to remedy existing problems related to N loading from on-site subsurface wastewater disposal systems, stormwater, and runoff (including fertilizers), and to prevent any future degradation of these valuable resources. Moreover, reasonable assurances that the TMDL will be implemented include enforcement of regulations, availability of financial incentives and local, state and federal programs for pollution control. Storm water NPDES permit coverage will address discharges from municipally owned storm water drainage systems. Enforcement of regulations controlling non-point discharges include local implementation of the Commonwealth's Wetlands Protection Act and Rivers Protection Act; Title 5 regulations for on-site subsurface wastewater disposal systems, and other local regulations such as the Town of Rehoboth's stable regulations. Financial incentives include federal funds available under Sections 319, 604 and 104(b) programs of the CWA, which are provided as part of the Performance Partnership Agreement between MassDEP and EPA. Other potential funds and assistance are available through Massachusetts' Department of Agriculture's Enhancement Program and the United States Department of Agriculture's Natural Resources Conservation Services. Additional financial incentives include income tax credits for Title 5 upgrades and low interest loans for Title 5 on-site subsurface wastewater disposal system upgrades available through municipalities participating in this portion of the state revolving fund program.

As the towns implement this TMDL the loading values (kg/day of N) will be used by MassDEP as guidelines for permitting activities, and may be used by local communities as a management tool.

**Summarizes the Nitrogen Concentrations for Lewis Bay System (from Chapter VI of the  
Accompanying MEP Technical Report)**

Table VI-1. Towns of Barnstable and Yarmouth water quality monitoring data, and modeled Nitrogen concentrations for the Lewis Bay System used in the model calibration plots of Figure VI-2. All concentrations are given in mg/L N. "Data mean" values are calculated as the average of the separate yearly means.													
Sub-Embayment	Hyannis Inner Harbor	Hyannis Inner Harbor	Hyannis Inner Harbor	Snows Creek	Lewis Bay	Lewis Bay	Stewarts Creek	Lewis Bay	Lewis Bay	Lewis Bay	Uncle Roberts Cove	Mill Creek	Mill Creek
Monitoring station	BH-1	BH-2	BH-3	BH-4	BH-5	BH-6	BH-7	BHY-1	BHY-2	BHY-3	BHY-4	MC-1	MC-2
2001 mean	0.422	0.327	0.351	1.422	0.298	0.308	--	0.270	0.329	0.333	--	--	--
2002 mean	0.634	0.535	0.483	1.459	0.399	0.415	1.257	0.358	0.420	0.369	--	0.469	0.476
2003 mean	0.676	0.494	0.491	1.873	0.420	0.349	1.411	0.351	0.420	0.405	--	0.555	0.510
2004 mean	0.580	0.492	0.368	1.295	0.372	0.353	1.023	0.445	0.496	0.424	0.469	0.594	0.523
2005 mean	0.526	0.413	0.400	1.450	0.325	0.349	1.016	0.326	0.373	0.371	0.364	0.500	0.463
2006 mean	0.585	0.468	0.416	1.917	0.344	0.421	1.606	0.435	0.476	0.461	0.391	0.749	0.638
mean	0.599	0.474	0.433	1.565	0.374	0.373	1.245	0.374	0.430	0.395	0.410	0.562	0.516
s.d. all data	0.140	0.100	0.097	0.442	0.089	0.095	0.399	0.115	0.111	0.095	0.091	0.162	0.128
N	55	58	55	33	57	61	31	63	59	60	8	27	26
model min	0.561	0.501	0.420	0.395	0.376	0.336	0.923	0.361	0.393	0.404	0.421	0.466	0.419
model max	0.585	0.537	0.488	2.022	0.401	0.399	1.643	0.406	0.475	0.412	0.442	0.665	0.608
model average	0.574	0.518	0.445	1.638	0.388	0.369	1.377	0.385	0.415	0.408	0.432	0.532	0.474

## Appendix B

### Summarizes the Present On-Site Subsurface Wastewater Disposal System Loads, and the Loading Reductions that would be Necessary to Achieve the TMDL by Reducing On-Site Subsurface Wastewater Disposal System Loads, Ignoring All Other Sources

Table VIII-2. Comparison of sub-embayment watershed <i>septic loads</i> (attenuated) used for modeling of present and threshold loading scenarios of the Lewis Bay system. These loads do not include direct atmospheric deposition (onto the sub-embayment surface), benthic flux, runoff, or fertilizer loading terms.			
sub-embayment	present septic load (kg/day)	threshold septic load (kg/day)	threshold septic load % change
Lewis Bay	26.490	5.299	-80.0%
Uncle Roberts Cove	0.214	0.214	+0.0%
Mill Creek	13.570	1.923	-85.8%
Hyannis Inner Harbor	6.827	1.792	-73.8%
Snows Creek	7.970	9.088	+14.0%
Stewarts Creek	21.564	13.775	-36.1%
Surface Water Sources			
Chase Brook	2.488	2.463	-1.0%
Mill Pond	10.359	10.003	-3.4%
Hospital Creek/Hyannis Inner	1.907	0.326	-82.9%

## Appendix C

The Lewis Bay Embayment System estimated wasteload allocation (WLA) from runoff of all impervious areas within 200 feet of waterbodies.

Watershed Name	Impervious subwatershed buffer areas <sup>1</sup>		Total subwatershed Impervious areas		Total Impervious subwatershed load	Total subwatershed load	Impervious watershed buffer area WLA	
	Acres	%	Acres	%	Kg/year	Kg/year	Kg/year <sup>2</sup>	% <sup>3</sup>
Lewis Bay	43.1	12.2	321.1	7.6	3895	40490	522.8	1.29
Stewarts Creek	5.4	10.5	85.6	9.2	749	14318	47.2	0.32
Halls Creek	14.8	5.7	76.5	9.0	731	8674	9.6	0.11
Total	63.3	10.7	483.2	9.1	5375	63482	704.1	1.11

<sup>1</sup>The entire impervious area within a 200 foot buffer zone around all waterbodies as calculated from GIS. Due to the soils and geology of Cape Cod it is unlikely that runoff would be channeled as a point source directly to a waterbody from areas more than 200 feet away. Some impervious areas within approximately 200 feet of the shoreline may discharge stormwater via pipes directly to the waterbody. For the purposes of the wasteload allocation (WLA) it was assumed that all impervious surfaces within 200feet of the shoreline discharge directly to the waterbody.

<sup>2</sup>The impervious subwatershed buffer area (acres) divided by total subwatershed impervious area (acres) then multiplied by total impervious subwatershed load (kg/year).

<sup>3</sup>The impervious subwatershed buffer area WLA (kg/year) divided by the total subwatershed load (kg/year) then multiplied by 100.